



POLAND 2014



European Vovinam Viet Vo Dao Federation and Polska Federacja Vovinam Viet Vo Dao
present

THE 3rd EVVF EUROPEAN VOVINAM CHAMPIONSHIP



WARSAW

28 - 29 - 30 November

www.vovinam-evvf.eu



EVVF

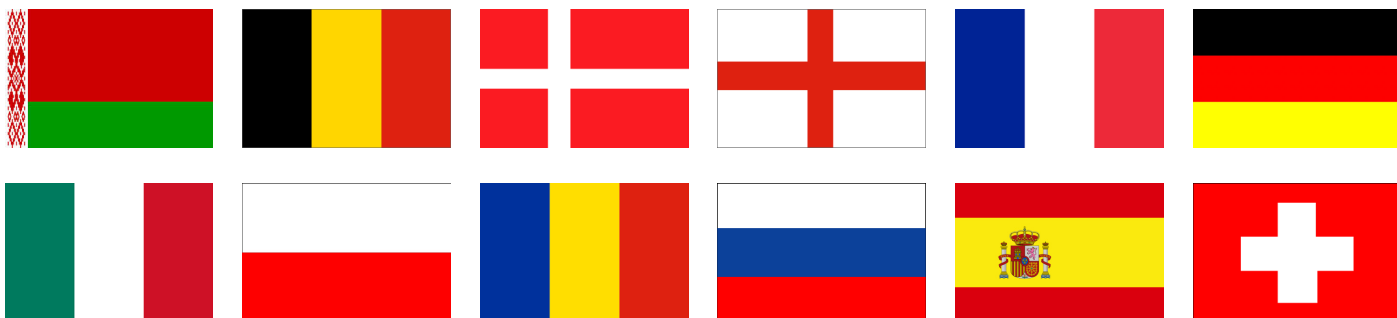
European Vovinam Viet Vo Dao Federation



VOVINAM VIET VO DAO EUROPEAN CHAMPIONSHIP

WARSAW, POLAND, NOVEMBER 28 - 29 - 30, 2014

COMPETITION BOOK



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A. WELCOMING SPEECHES

A1. EVVF PRESIDENT WELCOMING SPEECH

On behalf of the EVVF – European Vovinam Viet Vo Dao Federation, it is my great honor to invite you to participate in the most important event of Vovinam Europe, the 3rd EVVF European Vovinam Championship, which is organized in November 28 – 30, 2014, in Warsaw, Poland.

I want to specially thank to Polish Vovinam Viet Vo Dao Federation and to Master Ryszard Jóźwiak for their commitment to organize this event in Poland.

Once again, this European Championship is the manifestation of friendship inside the Vovinam family where the best Vovinam athletes from Europe are performing their work, being a window to the world to present the beautiful and complete martial art of Vovinam Viet Vo Dao.

The EVVF team together with the host organizing committee will do their best to assure the proper conditions for a successful championship.

See you in Warsaw!

Sincerely,



Gabriel Nechita

President of European Vovinam Viet Vo Dao Federation



A2. SPEECH OF THE CHAIRMAN OF THE POLISH ORGANIZING COMMITTEE - POLSKA FEDERACJA VOVINAM VVD

Ladies and Gentlemen,

For the Polish Vovinam Viet Vo Dao movement, it is an honour to organise the 3rd European Vovinam Viet Vo Dao Championship. Sporting rivalry allows us to meet friends from different countries and to get to know new countries. I am happy that many masters, coaches, competitors and officials will be able to see my country, or at least experience the atmosphere of Warsaw. I would like to thank Mr. Gabriel Nechita - the President of the E.V.V.F. and Mrs. Thanh Nha Nguyen Berrier - the General Secretary of the E.V.V.F. for their enormous support and commitment to the championship. My fellow instructors, students and myself would like to take this opportunity to thank many masters and instructors for their help in the development of Polish Vovinam Viet Vo Dao; especially Grand Master Nguyen Van Chieu and his family, Master Tran Dai Chieu and his family and Master Florin Macovei, who was the first to give us knowledge of this beautiful martial art. Along the way there were, of course, other masters whom I would also like to thank. We will meet in November, which is quite a cold month, but as organisers we will do everything we can to give our friends the warmest of welcomes.



Wishing you all success,

LE

Ryszard Józwiak

B. GENERAL INFORMATION ABOUT THE HOST COUNTRY

B1. ABOUT POLAND

The History of Poland is rooted in the arrival of the Slavs, who gave rise to permanent settlement and historic development on Polish lands. During the Piast dynasty Christianity was adopted in 966 AD and a medieval monarchy established. The Jagiellonian dynasty period brought close ties with the Grand Duchy of Lithuania, cultural development and territorial expansion, culminating in the establishment of the Polish-Lithuanian Commonwealth in 1569.

The Commonwealth in its early phase constituted a continuation of the Jagiellonian prosperity, with its remarkable development of a sophisticated noble democracy. From the mid-17th century, the huge state entered a period of decline caused by devastating wars and deterioration of the country's system of government. Significant internal reforms were introduced during the later part of the 18th century, but the reform process was not allowed to run its course, as the Russian Empire, the Kingdom of Prussia and the Austrian Habsburg Monarchy through a series of invasions and subsequent partitions terminated the Commonwealth's independent existence in 1795.

From then until 1918 there was no independent Polish state. The Poles engaged intermittently in armed resistance until 1864. After the failure of the last uprising, the nation preserved its identity through educational initiatives and the program of "organic work", intended to modernize the economy and society. The opportunity to regain freedom appeared only after World War I, when the partitioning imperial powers were defeated by war and revolution.

From then until 1918 there was no independent Polish state. The Poles engaged intermittently in armed resistance until 1864. After the failure of the last uprising, the nation preserved its identity through educational initiatives and the program of "organic work", intended to modernize the economy and society. The opportunity to regain freedom appeared only after World War I, when the partitioning imperial powers were defeated by war and revolution.

The Second Polish Republic was established and existed from 1918 to 1939. It was destroyed by Nazi Germany and the Soviet Union by their Invasion of Poland at the beginning of World War II. Millions of Polish citizens perished in the course of the Nazi occupation as Nazi Germany classified both Poles and Jews as subhuman, targeting the latter for extermination. The Polish government in exile kept functioning and through the many Polish military formations on the western and eastern fronts the Poles contributed to the Allied victory. Nazi Germany's forces were compelled to retreat from Poland as the Soviet Red Army advanced, which led to the creation of the communist People's Republic of Poland, a Soviet satellite state.



The country's geographic location was shifted to the west and it largely lost its traditional multi-ethnic character. By the late 1980s Solidarity, a Polish reform movement, became crucial in bringing about a peaceful transition from a communist state to the capitalist economic system and liberal parliamentary democracy. This process resulted in the creation of the modern Polish state.



Polish winged hussars – the most famous and beautiful cavalry.

*"It is chivalry that has no equal in the world;
without seeing it with your own eyes,
its vigor and splendor is impossible to imagine."
- Cosimo Brunetti, 1676*

B2. ABOUT WARSAW

Early Warsaw

Warsaw developed later than other Polish towns. By the 10th century there was a small settlement on the River Wisla. However it didn't really grow into a town until the 14th century. In 1413 Warsaw became the capital of the Duchy of Mazovia. Then in 1526 Mazovia became an integral part of the kingdom of Poland. Warsaw Barbican was built in 1548. Then in 1569 Poland united with Lithuania and the Sejm (parliament) voted to meet in Warsaw.

Then in 1596 Warsaw was made the capital of Poland making it far more important. King Sigismund's Column was erected in 1644. Warsaw suffered in the war with Sweden in 1655-1660. However Wilanow Palace was built at the end of the 17th century and the 18th century was a great age for the city. The population of Warsaw rose and architecture flourished. Saxon Gardens were laid out in the early 18th century. The National Theater was founded in 1765.

However in 1795 Warsaw was taken by Prussia. In 1806 Napoleon made Warsaw the capital of the Duchy of Warsaw. However in 1815 the Congress of Vienna handed Warsaw to Russia.



Royal Castle, pl. Zamkowy 4, Warsaw



Modern Warsaw

In the 19th century Warsaw gradually developed. Warsaw University was founded in 1816. The Nicolaus Copernicus Monument was unveiled in 1830. In 1848 a railway opened to Vienna. The Warsaw Mermaid statue was made in 1855. The population of Warsaw also rose rapidly. Warsaw gained sewers and a piped water supply. It also gained gas light. From 1904 it had electricity. After 1908 electric trams ran in the streets of Warsaw.

Meanwhile Marie Curie was born Marya Skoldowska in Warsaw on 7 November 1867.

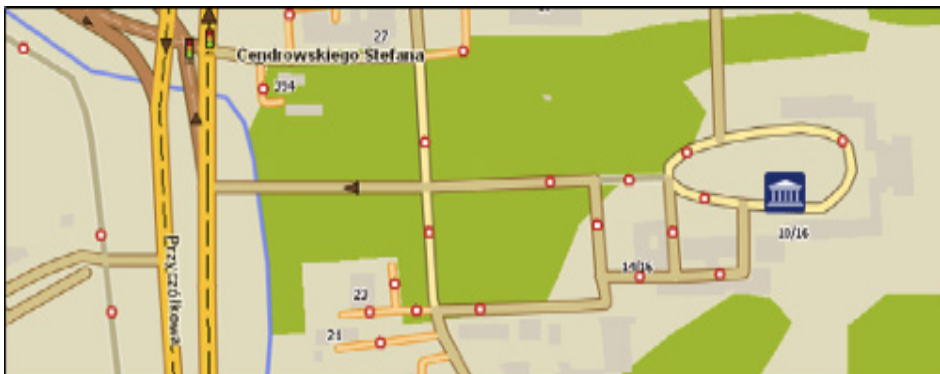
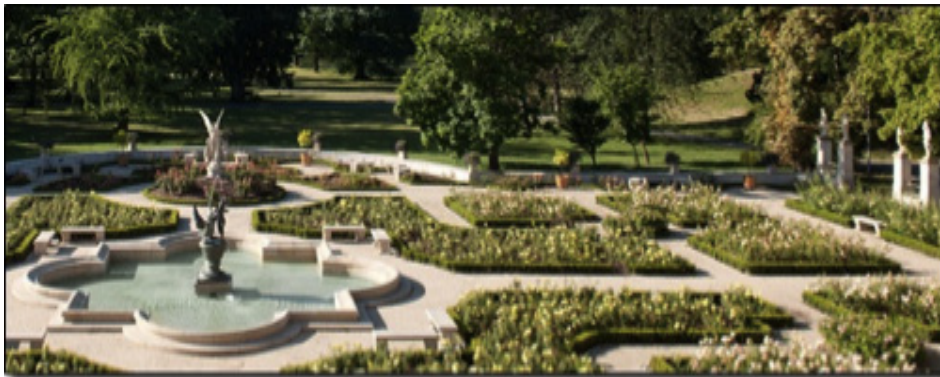
In 1915 during the First World War the Germans captured Warsaw. However in 1918 Poland became an independent nation again and Warsaw was made its capital. In 1920 the battle of Warsaw was fought between the Poles and the Communist Russians east of the city. Also in 1920 the Polish Army Museum was founded. Afterwards Warsaw continued to flourish.

However in September 1939 the Germans invaded Poland. They began bombing Warsaw and captured on 27 September. At that time about 1/3 of the population of Warsaw were Jews (about 380,000 people). From October 1940 the Germans herded Jews from Warsaw and the surrounding area into a ghetto. In 1942 the Germans began deporting Jews from the ghetto to concentration camps. In April 1943 the remaining Jews in the ghetto rose in rebellion. They fought bravely but the Germans were much better armed and inevitably the uprising was crushed.

Later, on 1 August the people of Warsaw rose in rebellion. It was courageous but the Nazis rushed in reinforcements and they gradually retook the city, with their usual brutality. The Poles finally surrendered on 2 October 1944. Meanwhile Stalin stood by and did nothing. However on 17 September 1945 the



Palace of the King Jan III Sobieski in Wilanów
Stanisława Kostki Potockiego 10/16 str. 02-958 Warsaw



Russians captured Warsaw.

At the end of the Second World War Warsaw was left devastated. Most of its buildings were destroyed. However it was slowly rebuilt.

The Palace of Culture and Science was built in 1955. A Museum to Marie Curie was founded in 1967. The Warsaw Uprising Monument was unveiled in 1989. The Museum of Independence was founded in 1990. Warsaw Metro opened in 1995. Warsaw Financial Center was built in 1998. The Warsaw Rising Museum opened in 2004.

Today Warsaw is a flourishing and vibrant city. Today the population of Warsaw is 1.7 million.



Warsaw today

B3. VOVINAM IN POLAND



VOVINAM VIET VO DAO POLAND 1980 - 2014

Vo Su Ryszard Józwiak:



- Honorary President of the POLISH VOVINAM VIET VO DAO FEDERATION - VVD POLAND
- Official representative of the World Vovinam Viet Vo Dao Federation (WVVF)
- Official representative of the European Vovinam VVD Federation (EVVF)
- WVVF Technical Director for Poland, 6 dang VVDI, 4 dang WVVF

The Vovinam Viet Vo Dao school has been existed in Poland since 1980, officially **since 1982**, when the Council of Masters of International Viet Vo Dao appointed the coach **Ryszard Józwiak** to be IVVD representative for Poland and Eastern European countries. In Poland, Ryszard Józwiak was teaching Vovinam techniques by program prior to 1975, which was developed by Grand Master **Le Sang** and Grand Master **Tran Huy Phong**-based on techniques codified by the Co Vo Su Sang To **Nguyen Loc**. In 1999, Master Ryszard Józwiak established an official contact with the president, Master **Nguyen Van Chieu** and IVVA technical director, **Patrick Levet**. The contacts resulted in visits of Master Levet and coach **Florin Macovei** in Poland.

The biggest breakthrough came in 2000, when the six man team of Viet Vo Dao Poland visited Vietnam and took part in the Third World Cup. Our participants have won 1 silver and 1 bronze medals. Ryszard Józwiak passed an examination before the Council of Masters for 1 dang Vovinam Viet Vo Dao. He received a power of attorney to represent IVVA in Poland. Next years we have had a share of our national team in the European Vovinam Championships, international competitions in Europe and visits to Vietnam in 2007, 2009, 2011. In 2006, the coach **Tomasz Marszałek** won (for our national team) the first gold medal in fighting (heavy weight).

In 2009, two brothers, players from Elk - **Adam** and **Sylwester Jankowski** won bronze medals in fighting. Their success was repeated in 2011, by a player from Węgorzewo - **Łukasz Wojtkiewicz**. In 2009, Master Ryszard Józwiak passed the exam for 4 dang before the Grand Master Le Sang and the Council of Masters in To Duong. It was unfortunately the last time when the Polish coach could take the exam before the Grand Master Chuong Mon Le Sang passed away in 2010.



VVN VVD demonstration at an International Jiu Jitsu workshop in Warsaw in 1987.



Tomasz Marszałek - Gold Medallist in European Vovinam Championship in Belgium in 2006



As guests of Grand Master Nguyen Van Chieu during our first visit to Vietnam in 2000



The Polish Team at To Duong in 2007



World Vovinam Viet Vo Dao Championship in Vietnam in 2007



World Vovinam Championship in Vietnam in 2009



World Vovinam Championship in Vietnam in 2011



World Vovinam Championship in France in 2013



Master Ryszard Jozwiak with master Nguyen Van Sen at To Duong in 2011



WVVF Annual Congress in Vietnam in 2011

C. THE ORGANIZER

EUROPEAN VOVINAM VIET VO DAO FEDERATION

Address:

39 rue Barbès, 92120 Montrouge, Paris, France

Mobile: 0044-7738-085358

E-mail: office@vovinam-evvf.eu

Web: www.vovinam-evvf.eu



POLISH VOVINAM VIET VO DAO FEDERATION

- POLSKA FEDERACJA VOVINAM VVD

Address:

ul. Wiktorii Wiedeńskiej 6 m 3, 02-954 Warszawa, Poland

e-mail: vvd.jozwiak@op.pl

web: www.vovinam-polska.pl



D. THE SPORT CENTER

The competition will take place at the Sport Center - Hala Sportowa, ul. Polna 7a, 00-625 Warszawa.



You can reach the Sport Center :

By tramways No.: 4, 18, 19, 35

Sport Center

The map displays a residential area with several streets and plots. Key features include:

- Streets:** Oleandrów, Polna, Waryńskiego-Ludwika, and a partially visible 'Joll. Em'.
- Plots:** Numerous numbered plots are shown, including 1, 13, 15, 17, 24, 22, 18/20, 7, 5, 10/14, 7, 3/5, 4/8, 10/16, 18, 16A, 20/22, 15A, 9/15, 11/13, 14, 16, 24/26, 21/25, 2/4, 3, 19, 12, 12a, 10A, 10, 8, 1A, and 1B.
- Landmarks:** A house icon (H) is located near the intersection of Oleandrów and Waryńskiego-Ludwika. A blue square icon with a white symbol is located near the intersection of Polna and Waryńskiego-Ludwika.
- Green Spaces:** Large green areas are labeled 1A and 1B.
- Other Features:** Traffic lights are indicated by small colored circles (red, yellow, green) at several intersections. Arrows on the roads indicate traffic flow.

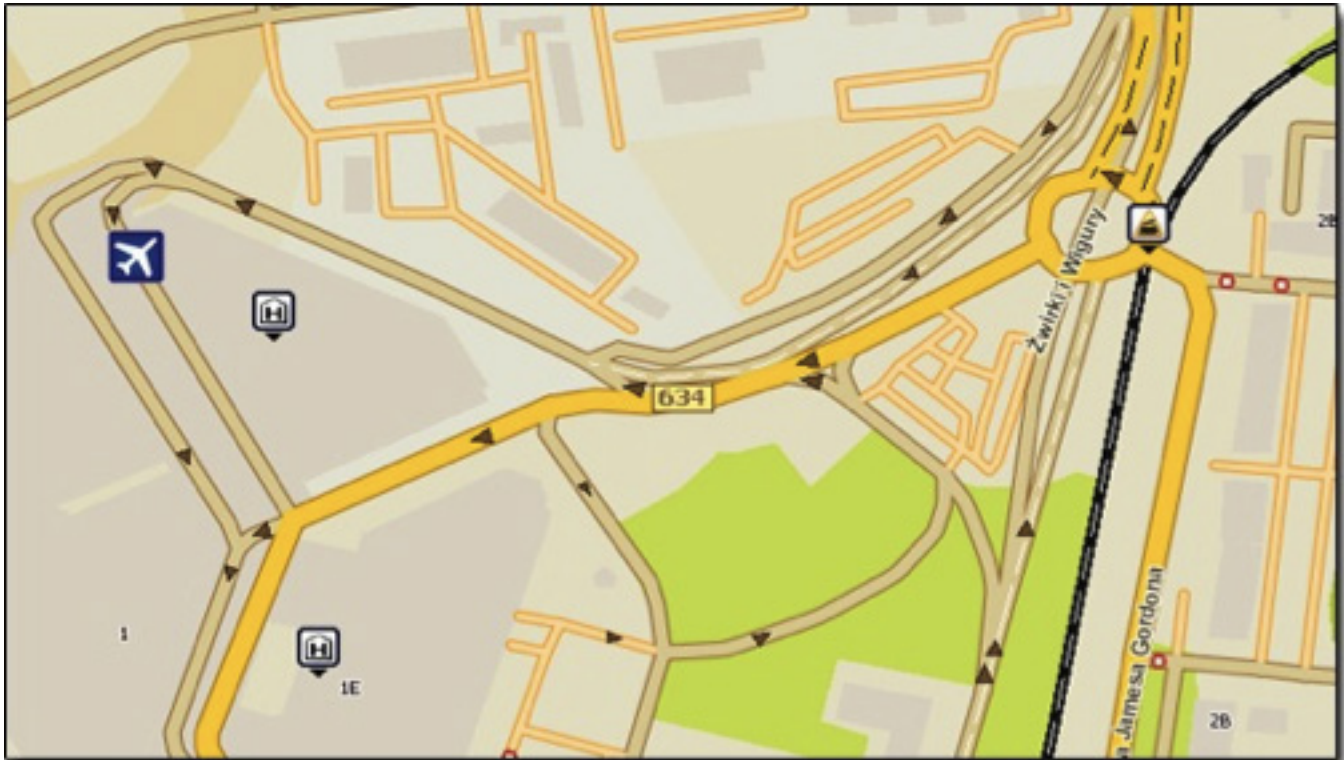
E. HOTELS & TRANSPORTATION

E1. LOCAL TRANSPORTATION

Airports:

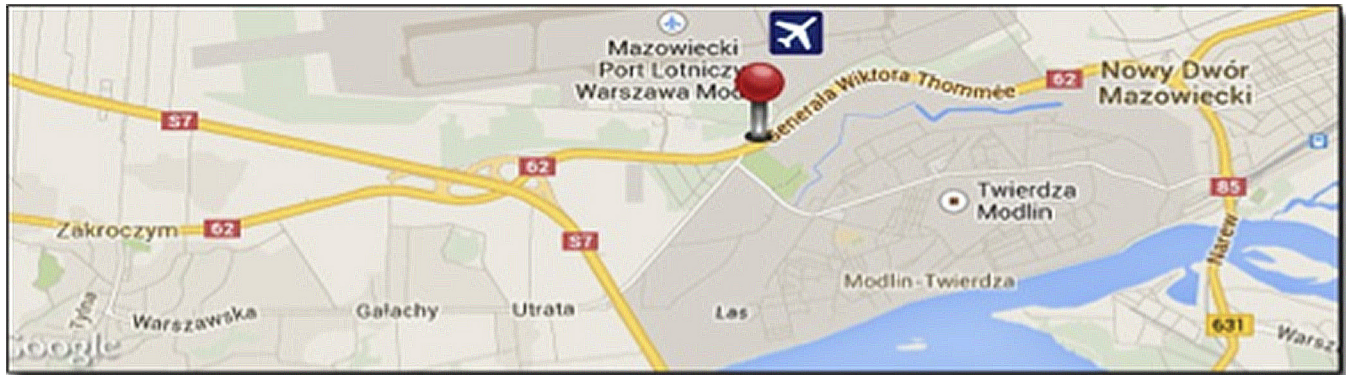
There are 2 airports in Warsaw. They both have good access to the city center:

- **Chopin Airport** - *Żwirki i Wigury 1 str. Warsaw*



- **Modlin Airport** - *Generała Wiktora Thommée 1a str.* - Nowy Dwór Mazowiecki

Warsaw Modlin Airport is located 35 km north-west of Warsaw



Access to the center of Warsaw



Transportation:

A person from the organization will welcome you on your arrival and will accompany you to the public transportation for your transfer to your accommodation.

E2. ACCOMODATION

Each delegation manages by itself the accommodation.

For your reference, there are 3 hotels with 3 different rankings that are located in one area which have good access to the Sport Center, City Center and Historical Center of Warsaw. These hotels are located 5km from the city center, 6km from main railway station and 7km from main bus station.

Address for this complex of hotels: Warsaw Mokotów, Mangalia str. 1

Access: Buses stopping at the hotels : 116, 130, 141, 143, 172, 501, 519, E-1, E-2

For more info, please visit:

<http://www.polhotels.com/warsz/AtosPortosAramis/index.htm>



Orientative prices:

Hotel Best Western Portos (*):**

Mangalia 3 str. 02-758 Warsaw

- Room 1 person/day with breakfast = 40 €
- Room 2 people/day with breakfast = 48 €

Hotel Atos ():**

Mangalia 1 str. 02-758 Warsaw

- Room 1 person/day with breakfast = 28.5 €
- Room 2 people/day with breakfast = 34 €
- Room 3 people/day with breakfast = 40 €

Hotel Aramis (*):

Mangalia 3b str. 02-758 Warsaw

- Room 1 person/day with breakfast = 24 €
- Room 2 people/day with breakfast = 29 €
- Room 3 people/day with breakfast = 34 €

Parking: 19€ for Bus and 7€ for Car

WITAMY
WELCOME

BEST WESTERN HOTEL
PORTOS ***



START HOTEL
ATOS **



START HOTEL
ARAMIS *



E3. RESTAURANT

There are several restaurants in the sport center's surroundings:

A. SZWEJKA

Plac Konstytucji 1, Warszawa - tel. 22 339 17 10

B. CHŁOPSKIE JADŁO

Plac Konstytucji 1, Warszawa - tel. 22 339 17 17

C. RESTAURACJA PIĘKNA 56

Piękna 56, 00-672 Warszawa - tel. 22 412 06 56

D. KFC

Piękna 28/34, Warszawa - tel. 22 584 90 80

E. RESTAURACJA BACIO

Wilcza 43, 00-001 Warszawa - tel. 22 626 83 03

F. BATIDA

Marszałkowska 53, Warszawa - tel. 22 621 53 15

G. DEKANTA

Marszałkowska 55/73, Warszawa - tel. 22 622 45 94

H. LANSE

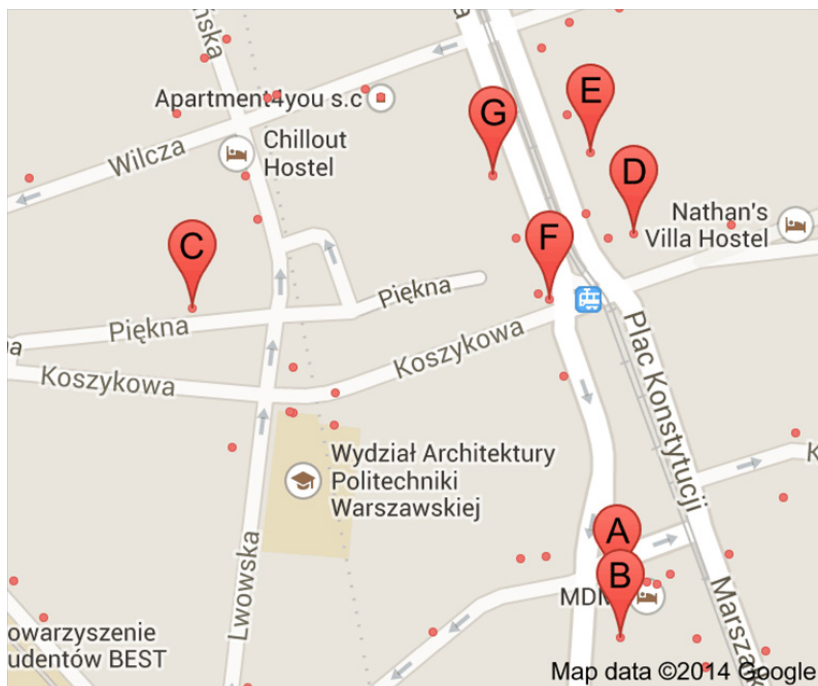
Plac Konstytucji 1, Warszawa - tel. 22 629 78 06

I. WARSAW TORTILLA FACTORY

Wilcza 46, Warszawa - tel. 22 621 86 22

J. SUPAROM THAI FOOD

Marszałkowska 45/49, Warszawa - tel. 22 627 18 88



F. REGULATIONS

F1. HEADQUARTERS OF THE COMPETITION

Sport Center Hala Sportowa
ul. Polna 7a, 00-625 Warszawa

F2. ELIGIBILITY / ACCREDITATIONS / DEADLINES / FEES

Eligibility: Only member Federations / Associations of EVVF who *has completed their financial duty* with the EVVF are allowed to take part in the competition.

Accreditation: Each participant must send his/her ID photo to the Organizing Committee for the issue of accreditation card. An accreditation card will be issued to each participant on his/her arrival at the Headquarters and this accreditation card should be carried at all time during the championship.

Each National Federation / Association is required to bring two (2) National Flags (120 cm X 180 cm) and National Anthem (short version in CD) for ceremonies in the moment of receiving the accreditation cards.

Deadlines:

First entry: NO LATER THAN September 15, 2014

Final entry: NO LATER THAN October 15, 2014

Entry for Media: NO LATER THAN October 15, 2014

Travel Schedule: NO LATER THAN October 15, 2014

Fees:

The registration fee is 25 euros/athlete/category. If the athlete competes in more than one category, the fee for each additional category will be 10 euros.

F3. CATEGORIES

A. Thi Quyền (Performance):

Male categories:

Single form:

1. Ngũ môn quyền
2. Thập thể bát thức quyền
3. Tinh hoa lưỡng nghi kiếm pháp
4. Tứ tượng côn pháp
5. Nhật nguyệt đại đao pháp

Team form:

1. Đòn chân tấn công
2. Song luyện kiếm
3. Song luyện Mã tấu
4. Song luyện số 3
5. Song luyện đao
6. Đa luyện nam (tay không or vũ khí)
7. Quyền đồng đội nam (3 players perform Long Hồ Quyền together)

Female categories:

Single form:

1. Long Hồ quyền
2. Song đao pháp
3. Tinh hoa lưỡng nghi kiếm pháp
4. Thái cực đơn đao pháp

Team form:

1. Song luyện kiếm
2. Quyền đồng đội nữ (3 players perform Thập Tự Quyền together)

Mixture categories (male and female):

1. Tự vệ nữ
2. Đa luyện nữ (tay không or vũ khí)

B. Đối kháng (Fighting):

Male categories:

1. Over 54 kg to 57 kg
2. Over 57 kg to 60 kg
3. Over 60 kg to 64 kg
4. Over 64 kg to 68 kg
5. Over 68 kg to 72 kg
6. Over 72 kg to 77 kg
7. Over 77 kg to 82 kg
8. Over 82 kg to 90 kg
9. Over 90 kg

Female categories:

1. Over 48 kg to 51 kg
2. Over 51 kg to 54 kg
3. Over 54 kg to 57 kg
4. Over 57 kg to 60 kg
5. Over 60 kg to 65 kg
6. Over 65 kg

F4. COMPETITION RULES

In accordance to the Competition Rules of the EVVF.

Each Federation / Association may enter **ONE (1)** competitor or team in each category.

A category shall be eligible with the participation of at least 3 countries.

F5. COMPETITORS ELIGIBILITY

- **AGE**

Competitors for the performances must be at least 16 year old (born before 28th November 1998).

Competitors for the fights competitors must be at least 18 year old (born before 28th November 1996).

Note: For competitors under 18 year old, an agreement signed by their guardians/parents is required for them to enroll into competition.

- **NATIONALITY**

Competitor must have the same nationality of their National Federation. Competitors are required to show their passport during the nationality control procedure, in order to confirm their nationality.

- **GENDER**

The female competitors may also have to undergo the Gender Control.

Atheles are non-checking in case of having the gender certificate that is provided by mandated organisations.

- **UNIFORM**

All Vovinam uniform must be in accordance with the WVVF regulations.

All Vovinam uniform shall have the name of the country only.

All competitors shall compete with yellow belt without stripes.

All competitors are required to attend the opening, awarding and closing ceremonies in Vovinam uniform or official team uniform.

It is expected that each delegation will have their own team uniform.

- **HEALTH**

All competitors must have a health certificate (compulsory) to ensure that they are eligible for competitions. Health certificate must be submitted together with national team's registration upon your arrival. If the team does not fully send the health certificates for athletes, Organising Board will not allow him/her to compete (both in performance and in fighting)

- **INSURANCE**

It is compulsory for all participants and members of delegations to have their own medical and personal trip insurance. The EVVF and the Polish Organising Committee assume no liability or responsibility for the lack of insurance from participants and members of delegations.

Chiefs of delegations have to sign the enclosed term of responsibility (see form at the end of the present document) and return it by email before November 10th, 2014 to the EVVF.

F6. DRAWING

The draw will be held immediately after the delegations meeting under the control and observation of the EVVF. Each National Federation must send a delegate to attend the draw (a maximum of 2 delegates will be authorized).

F7. REFEREES

Referees will be appointed by the EVVF (accommodation and meals are to be covered by the Organisation Committee)

F8. PRIZES

Thi Quyền (Performance):

1st place: Gold Medal

2nd place: Silver Medal

3rd place: Bronze Medal

Đối kháng (Fighting):

1st place: Gold Medal

2nd place: Silver Medal

Two 3rd place: Bronze Medals

Best national teams according to the medals classification:

1st place Cup

2nd place Cup

3rd place Cup

***Note:** To be able to classify for ranking, each country must take part in both Performance and Fighting competitions.*

The athlete who show the greatest sportiveness:

Plaquette

F9. MAKING COMPLAIN / SANCTION

Only head coach has the right to complain (complain must be in form of official letter and a fee of 150 Euros).

In case of complaining about human resource (athlete, referee), form must be submitted to Organising Committee before drawing.

In case of technical complain, form must be submitted to the Organising Committee within 10 minutes after the match.

The Organising Committee will consider and make decision about the case before the next competitions take place. The Organisation Committee will only return 150 Euros fee if only the issue is solved exactly as the official complain letter mention.

In case of any violation of the EVVF rules and regulations, the championship regulation or any misbehavior during competitions, including anti-doping codes or any involvement in a smear campaign of any attempt against the EVVF or Polish government, sanctions can be concluded by the Championship

Organising Committee or EVVF leaders.

Athletes and Referees may be suspended of right/duty due to any disqualification or misbehaviors against the mentioned rules/regulation.

F10. MEDIA ACCREDITATION (PRESS/PHOTO/VIDEO)

Photographers and video cameraman will have access to their allocated seats only upon presenting the accreditation cards given to them during registration.

Photographers and video cameraman will not have access to the competition area.

Should you need more information about press or media related issues, please contact the organizers.

F11. BOOKING FOR THE TRAINING AREA

The training area in the Sport Center will be open from 16:00-21:00 on November 28th, 2014.

F12. SPECIAL EVENTS

- **CATERING SERVICES AT THE SPORT CENTER**

The teams will manage by themselves the meal during the stay inside the Sport Center. The Organizers will put at their disposal suggestions about it.

- **OFFICIAL DINNER**

An official dinner will be held on Saturday evening. We will send out the invitations with more details.

- **FAREWELL PARTY**

A farewell party will be held at 9pm on Sunday evening. The admission to the farewell party is free of charge.

G. GENERAL PROGRAMME

Date	Events	Time	Venue
Friday 28/11/2014	- Accreditation	14:00	Sport Center
	- EVVF Congress	15:00	
	- Head delegate meeting, drawing	17:00	
	- Referee meeting	19:00	
Saturday 29/11/2014	- Unofficial weigh-in	7:30	Sport Center
	- Official weigh-in	8:00	
	- <i>Fighting competition</i> (elimatoire, semi-final round) +Male: 57kg, 60kg, 64kg, 68kg +Female: 51kg, 54kg, 57kg	9:00	
	- <i>Performance competition</i> + Ngũ Môn Quyền + Long Hồ Quyền (Female) + Song Luyện Mã Tấu + Thập Thế Bát Thức Quyền + Song Dao Pháp + Song Luyện Dao + Tứ Tượng Côn Pháp + Quyền Đồng Đội (Female)		
	- Opening Ceremony - <i>Performance competition</i> + Đòn Chân Tấn Công + Tự Vệ Nữ - <i>Fighting competition: Final of 7 categories</i> - Awarding Ceremony	17:00	
	- Official welcome dinner	20:00	

Date	Events	Time	Venue
Sunday 30/11/2014	- Unofficial weigh-in	7:30	Sport Center
	- Official weigh-in	8:00	
	- <i>Fighting competition</i> (elimatoire, semi-final round) +Male: 72kg, 77kg, 82kg, 90kg, over 90kg +Female: 60kg, 65kg, over 65kg	9:00	
	- <i>Performance competition</i> + Thái Cực Đơn Dao Pháp + Nhật Nguyệt Đại Dao Pháp + Quyền Đồng Đội (Male) + Tinh Hoa Lưỡng Nghi Kiếm Pháp (Female and Male) + Song Luyện 3 + Đa Luyện (Female and Male)		
	- <i>Performance competition</i> + Song Luyện Kiếm (Male and Female) - <i>Fighting competition</i> : Final of 8 categories - Awarding Ceremony - Closing Ceremony	17:00	
	- Farewell Party	21:00	

Note: This schedule can be edited by the Organising Committee during the time of Championship

H. REGISTRATION FORMS

The registration will be done according to the online registration form available on:

<http://www.vovinam-evvf.eu/championship/>

